

BODY, MIND, SPIRIT: 2025 WOMEN'S RETREAT MAY 16-17, 2025

REGISTRATION FORM

All forms due by May 1, 2025

Full Name

Email Address

Phone Number

Address, City, and
Zip Code

Full Weekend (\$115)

Saturday Only (\$50)

Room Preferences

Ground Floor

Single Room (+\$15)

Preferred Roommate

- Payment in full is appreciated, but you may pay a \$25 deposit and pay the remainder at the retreat
- Please make all checks out to FCPC with notation: Women's Retreat
- Drop off form and registration fees at the church office, or mail to:
First Central Presbyterian Church
ATTN: Kori Barr
400 Orange St.
Abilene, TX 79601

PRESBYTERIAN WOMEN RETREAT

Palo Duro Presbytery PW Retreat Schedule - May 16-17, 2025

Location: Christ the King Retreat Center - 802 Ford Street, San Angelo, Texas.

Note: As you wind through a residential neighborhood you may think your GPS has led you astray, but stay the course...CKRC is nestled at the end of the block.

FRIDAY

- 4:00 pm Arrive and settle into rooms (Please notify if you will be arriving after 7 pm)
- 5:00 pm Eat and Greet
*(PW Coordinating Team will bring sandwiches and chips;
Participants asked to bring sweets and finger food snacks)*
- 6:30 pm Welcome and Announcements (Charlene)
- 6:45 pm Singing (Phyllis Coordinating Guitar group) and
Get Acquainted Activity (Charlene)
- 7:15 pm Break
- 7:30 pm (Body) - Chair Yoga with Kat Chalon and additional singing (Guitar group)
- 8:15 pm Break
- 8:30 pm Worship - (Mind) with Brenda Church
- 9:00 pm Dismiss for the Evening

SATURDAY

- 8:00 am Breakfast
- 9:00 am Mission Project (prayer beads) Phyllis Baum
- 10:00 am Break
- 10:15 am Nature Walk (Grace)
- 11:00 am Singing (Guitar group) and Worship & Communion - (Spirit) with Sara Core
- 12:00 noon Lunch
- 2:00 pm Homeward bound